

JEPPE HEIN
BREATHE WITH ME

Breathe with Me is a large-scale public participatory artwork for the entire world that invites audiences to paint their own individual 'breath'. Every breath will take the form of painted blue parallel lines on the artworks' canvas walls: each line for an exhale.

Breathe with Me is a work that is both deeply personal, and also a work that touches on many aspects of our lives, and the lives of our entire planet. Guided by the act of breathing, the participation invites audiences to reflect on themselves and the world around them. With all participant's painted 'breaths' gathered together, the artwork visualizes not only our individual awareness of ourselves, but also our communities, societies, and environment. Altogether, *Breathe with Me* is a collective breath for the world.

As an artwork that speaks to many urgent issues of the United Nations 2030 Agenda for Sustainable Development and its 17 global goals - from good health, to strong communities and climate action – Jeppe Hein and ART 2030, a non-profit organization uniting art with the UN agenda, initiated *Breathe with Me* first at the UN Headquarters and in Central Park, New York City, during the 74th session of the United Nations General Assembly from 21st to 27th of September 2019. The artwork coincided with this years' official focus on climate action.

Since its launch in September 2019, *Breathe with Me* has invited communities from all over the world to take part in different forms: as a public and participatory installation; as educational activations in schools and museums; and even as virtual workshops guided by the artist on Instagram.

For further information please visit:

<https://breathewithme.world/>

<https://www.instagram.com/breathewithmeandtheworld/>